



Finger Lakes 2010 Itinerary

Far removed from the bustling streets of New York City rests one of New York State's most treasured destinations: the Finger Lakes Region. World-renowned for its production of award-winning wines, this natural wonderland offers one of the most visually stunning and peaceful getaways in the United States.

Native American legend explains Finger Lakes this way: the Creator looked upon this land with special favour and reached down to bless it, leaving the imprint of his handthe Finger Lakes. The lakes were actually formed when the last ice age ended and the glaciers receded. In addition to the spectacular lakes the region includes incredible gorges and over 1,000 waterfalls.

Cruise sparkling blue lakes, explore deep ravines and feel the spray as water cascades from the hills. Bike through miles of farmland and along back roads to discover the hidden treasures that make Finger Lakes one of the most popular vacation destinations in north-eastern United States. Experience the scenery as you dine or relax aboard a cruise boat on one of the Lakes. Visit state parks with biking and hiking trails, be in awe of the many gorges and waterfalls and just enjoy being in nature.

Some highlights:

- The gorge at Watkins Glen State Park with its 19 waterfalls and cascades
- Dinner cruise on Lake Seneca
- The wine trails along the lakes
- Buttermilk Falls Park in and Ithaca Falls in Ithaca
- The impressive Taughannock Falls (higher than Niagara Falls)

Trip at a Glance

TRIP PRICE

\$1,095 double occupancy
\$600 single supplement

DURATION

8 days, 7 nights

LEVEL

Easy to medium

DATES

September 11 - 16

Maximum group size: 10

Itinerary:

Day One – Saturday, September 11 - Arrive in Waterloo, New York

Arrive at our hotel in Waterloo, New York in the afternoon. Optional trip to Seneca Falls on the Erie Canal. After a light dinner, we will provide an overview of the upcoming tour.

Meal: Dinner



Day Two– Sunday, September 12 - Waterloo to Penn Yan

After breakfast, we will bike towards Geneva on Lake Seneca with a visit to Rose Hill Mansion. We continue west towards Lake Keuka and arrive at our hotel in Penn Yan in the afternoon. Dinner at Esparanza Mansion.

Total distance cycled: 45 km

Meals: Breakfast/Dinner

Day Three – Monday, September 13 - Penn Yan to Watkins Glen

Leaving Penn Yan we bike along the Seneca Lake Wine Trail with a stop at one of the local wineries and continue towards Watkins Glen where we will stay overnight. In the evening, we will take a dinner cruise on Lake Seneca.

Total distance cycled: 40 km

Meals: Breakfast/Dinner



Day Four – Tuesday, September 14 - Watkins Glen to Ithaca

In the morning, we visit Watkins Glen State Park and hike along the spectacular Gorge Trail. After a lunch at the waterfront, we proceed east to Lake Cayuga and Ithaca where we stay overnight.

Total distance cycled: 40 km

Meals: Breakfast/Dinner

Day Five – Wednesday, September 15 - Ithaca to Taughannock

In the morning, we bike in Ithaca, home of Cornell University. We will visit Buttermilk Falls State Park with its cascades and rapids and later stop by Ithaca Falls. After lunch, there will be an opportunity to

shop in downtown Ithaca. In the afternoon, we bike to Taughannock, where we visit the state park and walk to the impressive Taughannock Falls (higher than Niagara Falls). We stay overnight at Taughannock.

Total distance cycled: 30 km

Meals: Breakfast/Dinner

Day Six – Thursday, September 16 - Taughannock to Waterloo

After breakfast, we will bike along Lake Cayuga to on the Cayuga Wine Trail to Waterloo where our tour ends.

Total distance cycled: 35 km

Meals: Breakfast/Dinner



Along the lakes we travel on secondary roads with a few, fairly easy hills. Biking between the lakes it is hilly. However as our guest you should never hesitate to use the van when the cycling is no longer pleasant for you.

TRIP TOTAL: 190 km averaging 40 km per day. Optional longer rides available on some days.

What's Included

- All accommodations
- A review with your guide each morning at breakfast to go over the day's exciting route or sightseeing schedule
- Highlighted maps with background on each noteworthy sight and plenty of options to try along the way.
- All entrance fees to historic sites and museums
- Support vehicle that sweeps the day's route distributing refreshments
- All breakfasts and dinners
- Guides who look after your every need
- All transportation from rendezvous to final drop-off
- All baggage transport

What's not Included

- Lunch and any alcoholic beverages
- Bike Rental. There is not really any place to rent bikes, so we recommend you bring your own or arrange with us to rent one for you.

Our Bike Route

